

Pre & Post-Assessment for Module One: Work Mindset/Workplace Ethics

1. I know what the definition of work ethic is.
Yes No
2. I know and understand the key components of work ethics.
Yes No
3. I know what factors impact motivation.
Yes No
4. I know and understand the importance of having a personal vision statement.
Yes No
5. I know how to set challenging, yet attainable goals.
Yes No
6. I know the benefits of goal setting.
Yes No
7. I know what SMART goals are.
Yes No
8. I know how to set a career plan.
Yes No
9. I know the difference between short-term and lifelong goals.
Yes No
10. I know how to stay motivated to meet my short-term and lifelong personal and career goals.
Yes No

Name:
Date: